

Radha Krishnaswamy

B.Sc Chemistry 1972 – 75



Radha Krishnaswamy is the fitness coach of India's women's cricket team. Her long years of hard work on the road to relative fame started right from her student days at Stella Maris College, Chennai.

She has been a Reebok Master trainer since 2000 and worked as a consultant with Reebok for the last 14 years. She has been certified by ACSM ACE AFAA and NSCA as personal trainer and sports conditioning specialist. She has been a national athlete and specialises in half marathon.